

## SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

### *Minutes 11-12-19*

In Attendance: Avery LaShay, Emilee Batchelor, Angela Berry, Lisa Callaham, Tracey Carney, Wendy Duemmler, Kathie Fenner, Jay Jones, Amy Kafitz, Kristin Manning, Jarrod McCraw, Paige Moore, Wendy Nielsen, Kim Preston, Sallie Roberts, Christine Skrutowski, Mark Strickland, Tracy Strickland, Belle Walker.

Business:

- 4:00 pm- meeting opened on 11-12-19.
- Minutes from 9-24-19 approved.
- Introductions of new members. We have two UCPS parents to join. Ms. Kristin Manning has children at Marvin Ridge Middle and High. Ms. Kim Preston has children at Piedmont High.
- Reviewed the 19-20 school year goals. **GOAL 1:** Expand community awareness regarding drug and tobacco/vaping use in Union County, NC with a focus on school-aged children. Christine Skrutowski, Nurse Supervisor, discussed a collaborative between Carleen Crawford, Regional Tobacco Control Manager of Charlotte-Mecklenburg, Stephanie Starr, Director of Community Support and Outreach at DHHS, Lisa Callaham, UCPS Substance Abuse Prevention Specialist, and Wendy Nielsen and Christine Skrutowski, UCPS School Nurse Supervisors. Carleen Crawford has a team of trainers in Mecklenburg, and she trained a number of trainers in Union for youth tobacco prevention in Union County. The team is constantly reviewing new and updated educational and curriculum resources to help address the vaping issue. Lisa Callaham added that Parkwood High reached out asking for more student education on vaping. She has done some small group classes but Parkwood is hoping to educate the masses. We will meet on Nov. 19 to discuss a proposed short term and long-term plan about what can be done to support UCPS and those needs.  
**GOAL 2:** Establish student support teams, and crisis and cluster response teams within the Union County Public School system. Tracey Carney, Social Emotional Learning Coordinator, discussed that the Lead School Counselors are developing a survey about Goal 2. A leadership memo was sent out regarding student support services meetings in schools, developing a common language, and finding out the days the teams meet. Will see how those meetings are going, and will observe to get ideas about what is working. Also discussed crisis teams for clusters. For example, who will respond to schools when there is a crisis, such as a student death. Discussion revolved around some schools being better equipped to handle these situations than other schools. Often the same counselors are pulled to handle the crisis. We don't always want to pull from other schools because a crisis can affect those friends or siblings that are at the other schools.  
**GOAL 3:** Train within Union County Public Schools System on Youth Mental Health First Aid (YMHFA). Belle Walker, Lead School Social Worker, gave an update on the training. The biggest barrier to staff attending is time. They're offered on work days but often staff must be at other meetings.
- Tracy Carney spoke about the conference she attended on Advancing Mental Health in Schools. There was discussion on the Opioid crisis and the model they suggested was that local health agencies and mental health agencies collaborate and come together.

## SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

### *Minutes 11-12-19*

- Introduced LaShay Avery, Cardinal Innovations Community Engagement Manager.
- Sallie Roberts, UCPS Clinical Dietician, recently attended a Food Nutrition Expo Conference and UCPS as a county is on the right track. Some barriers are that parents feel the food served at school is not nutritious or clean eating. School Nutrition does discuss government regulations that must be followed, but they will put parameters on a student's lunch account if requested. Sandy Ridge will be the host school that will allow parents to come into the kitchen to see the food prep and how they do scratch made food.
- Dr. Jay Jones, Principal of Weddington High, shared that they are placing posters of student leaders in the school as public service announcements to discourage vaping and trying to make a difference.
- Kristin Manning, UCPS parent, shared her concern that there is no contact with a school counselor unless there is an issue with her child's schedule and that there is not enough contact in the high school. On the other hand, her middle school child does know the counselor. The group discussion focused on the efforts being made to place counselors in the hallways and to be seen at lunchtime. Dr. Jones has two school counselors visible at lunch and they do college essays. Over time, students may get more comfortable to create opportunities to make it more of a norm. Emily Batchelor, student at CATA, added that she does see school counselors visible in her school.
- Next SHAC meeting is on Tuesday, March 24 from 4-5 pm at the PDC.
- Meeting adjourned at 4:40 pm.